

**Your Guide to Staying Connected with the City**  
[www.cityofwestsacramento.org/agefriendly](http://www.cityofwestsacramento.org/agefriendly)

To update your contact information, please call  
**(916) 617-4500**

## NEWS

### WEST SACRAMENTO LAUNCHES PROGRAM FOR SAFER HOMES

The City of West Sacramento is partnering with Rebuilding Together Sacramento for a new program that helps older, low-moderate income residents make their homes safer. The initiative, called Safe at Home West Sacramento, strives to help residents live more independently.

Rebuilding Together Sacramento is known for its mission of “repairing homes, revitalizing communities, rebuilding lives.” Safe at Home West Sacramento takes this mission further by funding important home repairs like installing grab bars, handrails, ramps, and safety devices such as smoke detectors. These changes make homes safer and more accessible, reducing the risk of falls and improving overall safety for residents.



In partnership with Rebuilding Together Sacramento, the City of West Sacramento is pleased to announce...

### SAFE-AT-HOME WEST SAC

SERVING LOW-MODERATE INCOME SENIORS

Do you or someone you know own a home in West Sacramento that needs minor home modifications to stay safe in the home? Scan the QR code to visit our website for more information.

<https://wsac.city/SafeatHomeWS>  
 Additional Questions? Call (916) 617-4659

Visite el sitio web.  
 Посетите веб-сайт.

Interested individuals can complete a short questionnaire on the city’s website to see if they qualify for the program. Residents will be added to an eligibility list, and program staff will reach out based on their position on the list. For more information, residents can call **(916) 617-4659**. Please note that the eligibility list is not an official application but helps the staff keep track of interested residents.

*See Page 3 for Events.*

### APPLY FOR ROCK THE BLOCK BRYTE/BRODERICK 2023



Do you or someone you know need home repairs or beautification work on a home? Habitat for Humanity of Greater Sacramento is bringing repairs to the Bryte/Broderick neighborhoods during a two-day, community investment Rock the

Block event on October 13th and 14th. If you are interested, applications are now being accepted until July 14th:

[HabitatGreaterSac.org/RockBryteBroderick](http://HabitatGreaterSac.org/RockBryteBroderick).

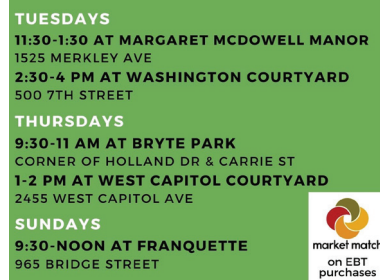
For more information or help with your application, email [Repair@HabitatGreaterSac.org](mailto:Repair@HabitatGreaterSac.org) or call **(916) 440-1215 ext. 1123**

### MOBILE FARMERS MARKET IS BACK!

#### MOBILE FARMERS MARKET

IN WEST SACRAMENTO MAY 30-OCTOBER 26

OPEN TO ALL!



**TUESDAYS**  
 11:30-1:30 AT MARGARET MCDOWELL MANOR  
 1525 MERKLEY AVE  
 2:30-4 PM AT WASHINGTON COURTYARD  
 500 7TH STREET

**THURSDAYS**  
 9:30-11 AM AT BRYTE PARK  
 CORNER OF HOLLAND DR & CARRIE ST  
 1-2 PM AT WEST CAPITOL COURTYARD  
 2455 WEST CAPITOL AVE

**SUNDAYS**  
 9:30-NOON AT FRANQUETTE  
 965 BRIDGE STREET

market match on EBT purchases

West Sacramento’s Urban Farm Mobile Farmers Market is now open!

The Mobile Farmers Market truck will be visiting neighborhoods in West Sacramento through October 26. The truck – which accepts EBT/SNAP and offers SNAP customers

50% discount on their purchase – gives West Sacramento residents access to healthy, locally grown foods, fruits, and vegetables.

*For specific times and dates see Page 3.*

## NEWS *(continued)*

### WEST SAC RHYTHM ON THE RIVER RETURNS

Get ready to groove and move because West Sacramento's FREE summer concert series is back! Enjoy local and regional musicians playing original and classic tunes. Each themed concert occurs on the last Thursday of the month through August.



Guests may enjoy free children's activities in the Family Fun Zone. Food and drinks are available by Drake's and food trucks. Bring blankets and chairs for a comfy grass experience. Limited paid parking is available, please consider rideshare, West Sac VIA, or biking.

*For specific times and dates see Page 3.*

## RESOURCES



### HICAP

HICAP (Health Insurance Counseling and Advocacy Program) provides free, confidential one-on-one

counseling, education, and assistance to individuals and their families on Medicare, other health insurance related issues, and planning ahead for Long-Term Care needs. HICAP also provides legal assistance or legal referrals in dealing with Medicare or Long-Term Care insurance related issues.

HICAP is assisting seniors virtually and by phone. Register by calling HICAP at **(916) 376-8915**.



### FOOD ASSISTANCE

Yolo County Food Bank is here to help any Yolo County resident in need of food assistance. Through its network of partner agencies, programs, and collaboration with Yolo 2-1-1, it can provide referrals specific to need and region.

To contact Yolo County Food Bank call: **(530) 668-0690**, or call **2-1-1**.

## RESOURCES *(continued)*



### PARATRANSIT VOUCHERS

By Appointment only. Register by calling **(916) 617-5320**.

Yolo Adult Day Health Center (YADHC) has implemented

a West Sacramento inclusive program that provides YoloBus Special vouchers to medically designated, disabled seniors who are 60+ and eligible, registered participants for YoloBus Special paratransit services.

This program is designed to encourage independent community mobility for disabled seniors who, due to a disability, are unable to travel to a boarding and disembarking location on fixed bus routes.

For eligible candidates, limited vouchers are available from Active Aging Programs at the Community Center.



### MEALS ON WHEELS

Meals on Wheels Yolo County continues to serve West Sacramento seniors meals. When congregate meals became

too risky at the onset of the COVID-19 crisis, Meals on Wheels' service delivery model pivoted solely to home delivered meals.

Meals on Wheels comes to your home courtesy of volunteer drivers. For more information or to find out if you are eligible for their home delivery service call **(530) 662-7035**.



### HEAP

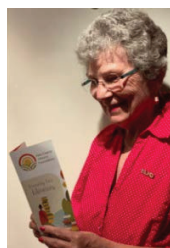
If you need help paying for your gas/electric/fuel bill, you can apply for the HEAP Program. You can access the application on their website:

<http://www.nces.org>

Help may be obtained by calling the toll free number at **1-800-233-4480**. You may leave your full name, mailing address, home phone number, and daytime phone number and an application will be mailed to you within 2-3 business days.

Or make an appointment at the Community Center by calling **(916) 617-5320** and where you can get application help.

### YOLO COUNTY LIBRARY - BOOKS BY MAIL



Books by Mail is a free service from the Yolo County Library that brings library materials to you through the mail on a long-term or short-term basis. It is a free service available to any resident who has a disability, illness or lack of transportation that prevents access to a Yolo County Library branch.

Please contact Yolo County Library at **(530) 757-5588** for more info.



## UPCOMING EVENTS



### JULY

<b>4</b>	Fourth of July - City Offices Closed	
<b>5</b>	Small Business & Entrepreneurship Accelerator at Community Center	<b>5pm-7pm</b>
<b>6</b>	Mobile Farmers Market at Bryte Park	<b>9:30am-11am</b> (Every Thursday)
<b>6</b>	Mobile Farmers Market at W. Capitol Courtyard	<b>1pm-2pm</b> (Every Thursday)
<b>8</b>	NorCal Bats at Arthur F. Turner Library	<b>2pm-3pm</b>
<b>9</b>	Mobile Farmers Market at Franquette	<b>9:30am-12pm</b> (Every Sunday)
<b>11</b>	Mobile Farmers Market at Washington Courtyard	<b>2:30pm-4pm</b> (Every Tuesday)
<b>19</b>	City Council Meeting at City Council Chambers	<b>7pm-11pm</b>
<b>20</b>	Art Reception: West Sac Art Guild at Community Center	<b>5pm-8pm</b>
<b>26</b>	Economic and Development and Housing Commission at City Council Chambers	<b>6pm-8pm</b>
<b>27</b>	West Sac Rhythm on the River at Drake's the Barn	<b>5:30pm-9pm</b>
<b>29</b>	Bohart Museum of Entomology at Arthur F. Turner Library	<b>2pm-3pm</b>



### AUGUST

<b>2</b>	English Conversation Group at Arthur F. Turner Library	<b>3:30pm-4:30pm</b> (Every Wednesday)
<b>2</b>	City Council Meeting at City Council Chambers	<b>7pm-11pm</b>
<b>4</b>	English Conversation Group at Arthur F. Turner Library	<b>1:30pm-2:30pm</b> (Every Friday)
<b>5</b>	Painting as Scientific Observation at Arthur F. Turner Library	<b>2pm-3pm</b>
<b>9</b>	Ice Cream Social with West Sac PD at Community Center	<b>12:30pm-2pm</b>
<b>16</b>	City Council Meeting at City Council Chambers	<b>7pm-11pm</b>
<b>31</b>	West Sac Rhythm on the River at Drake's the Barn	<b>5:30pm-9pm</b>



### SEPTEMBER

<b>1</b>	English Conversation Group at Arthur F. Turner Library	<b>3:30pm-4:30pm</b> (Every Wednesday)
<b>6</b>	English Conversation Group at Arthur F. Turner Library	<b>1:30pm-2:30pm</b> (Every Friday)
<b>13</b>	City Council Meeting at City Council Chambers	<b>7pm-11pm</b>

## Age-Friendly West Sacramento

West Sacramento City Hall  
1110 Capitol Avenue  
West Sacramento, CA 95691

PRESORT  
STANDARD  
US POSTAGE  
**PAID**  
CPS

### WEST SAC CONNECT

#### *IMPROVE YOUR COMMUNITY. REPORT AN ISSUE!*

We are here to help! Residents say: “Love the West Sac Connect app! And City staff are always so responsive.”

West Sac Connect is a website where residents can report any non-emergency issues within West Sacramento and city staff will go out and handle it.

Some issues include:

- Abandoned shopping carts and vehicles
- Animal services
- Illegal dumping
- Potholes
- Street Light concerns/outages
- Sewer/water/landscape/park maintenance

To report any issues visit: [wsac.city/wsconnect](https://wsac.city/wsconnect)



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